

Book images will reveal major mountains spanning the entire headwaters of Ganga river that capture the Mountain Path of the meditation adepts in Himalaya. The tradition has been thriving since the descent of Ganga and is hailed as a repository of classical Sanskrit. The repertoire of Vedic Sanskrit comes from the era of the Vedic-Saraswati river which has mostly dried up since the times of the Mahabharata war. Thereafter the River of Knowing cachet shifted from Saraswati to Ganga.

Swami Vidyadhishananda Giri reveals to us a Himalayan dimension of Vedic wisdom based on his tutelage of Sanskrit heritage. The author hails from lineages of meditation adepts of the Mountain Path in Himalaya who are known for their combination of sagely scholarship and yogic practices. Deep meditation on the Sanskrit verses of cardinal philosophies and monastic inquiry methods led to a spiritual insight beholding the

incredible storyline of this book.

Self Enquiry Life Fellowship is a USA based nonprofit organization that preserves and disseminates indigenous knowledge from the ancient Sanskrit heritage, including extant literature, spiritual practices of Vedic antiquity, esoteric Himalayan yoga and meditation techniques of unbroken lineages. The Nonprofit strives to make accessible through its educational publications, the spiritual philosophy passed down by the lineages of Vedic monks, archived vintage images, intonated chanting and sublime recitation of Sanskrit hymns, Vedic fine arts and classical music.

Self Enquiry Life Fellowship • Post Office Box 30627 • Santa Barbara • California 93130 • USA 909.543.6003 • quest@swamahiman.org • www.swamahiman.org • 501(c)(3) Nonprofit ID 20-3478668

Mountain Path by the River of Knowing

by Swami Vidyadhishananda





A historical book for curriculum or personal study – featuring contemporary and antique photographs of Himalaya and Ganga along with extant teachings of spiritual philosophy in concise English verses – matched with Sanskrit geographical references More than 150 stunning photos related to the mountains and glaciers encapsulated by the headwaters of Ganga and down to the Ganga delta in the Bay of Bengal

A philosophical look at how Ganga reveals the teachings of cardinal Sanskrit philosophy and meditation practices of the Himalayan Mountain Path

An artistic showcase of Ganga's impact on the classical Sanskrit tradition which came into prominence after the Vedic Sanskrit era of the Saraswati river civilizations

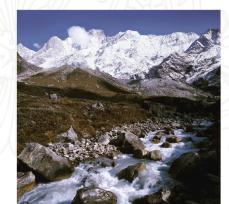
Esoteric Sanskrit geographical references for mountains and rivers showing how the magnificent Ganga shaped Indic ethos



यस्येमे हिमवन्तो महित्वा यस्य समुद्रं रसया सहाहुः।

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